

Date 26/10/2016

Sun Protection Policy

Rationale

Queensland has one of the highest rates of skin cancer in the world. Two out of every three Queenslanders are likely to develop some sort of skin cancer in their lifetime.

With this in mind, [school] realizes the need to protect Young People's skin and educate them about sun protection behaviours, thus reducing the risk of skin damage from over-exposure to the sun.

Definition

Sun safety is protection from harmful exposure to the sun.

Policy Aims

To provide ongoing education that promotes personal responsibility for skin cancer prevention and early detection

To provide environments that support sun protection practices

To create an awareness of the need to reschedule work commitments and outdoor activities to support sun protection practices

Values

The Gospel calls us to care for ourselves and each other. As a consequence, this sun protection policy seeks to promote self-respect, commitment, responsibility and self-esteem.

Policy Statement

Sun protection principles should be incorporated into school curriculum and community planning and activities.

Obligations

Sun Protection measures should be practical as well as protective.

Shade should be provided for outdoor activities, where practicable, irrespective of the season.

Teachers should be flexible in their planning and timing of daytime outdoor activities.

Parents, teachers, ancillary staff and volunteer helpers should demonstrate their adoption and practice of sun protection principles and in doing so, act as role models for students.

6.1 YCLC will:

Inform parents of the Sun protection Policy when they enroll their child.

Maximise the use of shade in the school grounds, where reasonably practicable, by building shelters and/or planting trees.

Incorporate education programs into the school curriculum that focus on skin cancer prevention

Advise all teachers and staff to act as positive role models for Young People in all aspects of Sun Protection behaviour.

Seek ongoing support from parents and the school community for the Sun Protection Policy and its implementation, through newsletters, parent meetings, and the like.

Ensure that all students and staff wear hats that protect the face, neck and ears and SPF 30+ broad-spectrum, water-resistant sunscreen when involved in outdoor activities.

Supply each classroom with a container of sunscreen approved by the Queensland Cancer Council.

Ensure that students without adequate sun protection use shaded or covered areas at breaks.

Investigate portable shade options for students and visitors to the school during activities held outside between the hours of 10am and 2pm.

6.2 Staff will:

- Practice SunSmart behaviour as described above.
- Enforce a 'no hat – no play' rule where applicable.
- Supervise Young People's application of sunscreen.
- Direct Young People to play in shaded areas where possible.

Our Expectations

7.1 Parent/guardians will:

- Provide their child with a school approved hat.
- Encourage the use of SPF 30+ broad spectrum, water-resistant sunscreen 20 minutes before leaving for school.
- Act as positive role models by practising SunSmart behaviour.
- Support the school's Sun Protection Policy.

7.2 Students will:

- Be aware of the school's Sun Protection Policy.
- Take responsibility for their own health and safety by being SunSmart.
- Comply with the Sun Protection Policy's rules and guidelines by wearing suitable hats, clothing, sunscreen and sunglasses.
- Apply SPF 30+ broad spectrum, water resistant sunscreen 20 minutes before going outdoors.
- Wherever possible use shaded or covered areas when outdoors.
- Act as positive role models for other students in all aspects of Sun Protection behaviour.
- Participate in SunSmart education programs.